

FOR IMMEDIATE RELEASE
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REBOOT Combat Recovery Launches Second Course in Montana

HELENA – A free course for service members and their families dealing with the after-effects of combat will begin on February 25 at The Well Church in Helena. REBOOT Combat Recovery is launching this second course in Montana, following their first successful course in Helena last fall.

REBOOT is a faith-based, non-profit organization founded in 2011, that aims to improve the lives of service members and families affected by post-traumatic stress. Its program focuses on addressing injuries to the soul as a means of healing the mind and body as well. The REBOOT Combat Recovery course is a 12-week program, with more than 120 locations across the country.

REBOOT stresses that this is a course, not a support group, and that while support and camaraderie are key elements, the result is practical help and productive conversations. It is led by fellow combat veterans and spouses, and is meant for the whole family – in fact, complimentary dinner and childcare are provided each night to encourage the participation of all.

And while they don't hide the fact that this is a faith-based course, REBOOT isn't pushy about their worldview. They emphasize that no matter your beliefs, you'll learn proven and practical methods to heal from trauma.

Jessie Glosser was a participant in the first Montana REBOOT course this past fall. "I found the course to be extremely helpful because it used a step-by-step approach to allow me to process my combat experience and find healing in each step at a different level. I had a huge weight lifted off my shoulders during this course, and though my heart still aches, I do not suffer," she says. Glosser will participate in this second REBOOT course as a leader.

The course will meet on Mondays from 6-8pm for twelve weeks. Funding and support for this course is provided by The Well Church and donations from individuals, including a grant from the Gianforte Family Foundation.

For more information about the course, or to sign up, please contact Buddy Hanrahan at 406-438-6319.

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