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## **NEW HOPE PREGNANCY OF DILLON EXPANDS SERVICES, HOURS, OUTREACH**

DILLON, MT—New Hope Pregnancy Support Center of Dillon is expanding operations this year. Added office hours, outreach to Sheridan, Montana, and new services will better assist pregnant women in Beaverhead and Madison County, according to Executive Director Carrie Holton.

New Hope offers support for unplanned and crisis pregnancies, and parenting help for all through educational services, free pregnancy diagnosis, ultrasounds, baby supplies, and information on options available during a pregnancy.

Holton, who took on the leadership role last June, says the center will offer a doula's services starting in April. The doula, Katelyn Beers, runs Darling Daisy Doula in Dillon and was previously a practicing doula in Utah for several years. She will meet with New Hope's expecting parents, provide educational materials, and help them develop a birth plan and post-partum plan. She will also present classes to clients and the public in coordination with a midwife, lactation nurse, and a volunteer RN.

"This will empower moms who might not otherwise have access to, or be able to afford, a doula," Holton says, "by providing educational materials on the changes their bodies are undergoing, offering help with lactation, and guiding women through their pregnancies." The doula services were secured through a grant from the Gianforte Family Foundation; general operating support for New Hope is provided by the foundation and individual donors.

New Hope also will assist parents up to a year following a birth, providing baby essentials such as diapers, wipes, blankets, and clothing.

Operating hours will increase to Tuesday and Thursday in Dillon, 11 a.m. to 5 p.m., and alternating Wednesdays in Sheridan, 9 a.m. to noon, starting this month. "Historically, we have always served Beaverhead County and the Ruby Valley," Holton says. "By partnering with Valley Assembly of Sheridan, we will be able to help more parents and provide greater services to them right in their town." The center also plans to visit rural Beaverhead County schools and towns once a month.

Its "Night of Hope" June 11, in Dillon, will feature Christian musician and guitarist, Ryan Stevenson, and speaker Kelby McNab, a pro-life, youth pastor from South Carolina. The event will emphasize the importance of abstinence and sound decision-making and is aimed at local college students and those in grades 8-12.

As New Hope's services continue to grow, the nonprofit hopes to expand its team as well. "We are always looking for volunteers, including board members and people to assist with New Hope classes and events," Holton says.

For more information or to make an appointment, contact Holton at 406.683.5259 or visit <https://www.newhopelife.org>.

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