



Brightways Learning
Connecting Students To A Bright Future

School Leaders Gather in Helena for the Montana School Administrators Retreat to Build Resilience and Mitigate Trauma – June 4-5, 2021

HELENA, MT – May 27, 2021 – Throughout Montana, school administrators have expressed the critical need to mitigate anxiety, stress, and trauma caused by the unprecedented COVID-19 pandemic –especially for their students, but also to build resilience for themselves and their teaching staff. How can these issues be addressed in time for the upcoming 2021-22 school year? One Montana nonprofit is demonstrating how positive and dynamic student-adult support systems provide protective factors and optimize mental and behavioral health outcomes, both short-term and long-term.

[Brightways Learning](#), a Missoula-based K-12 educational nonprofit organization, announced that it will be hosting a free, two-day professional development event for Montana school administrators that will make a positive difference in the lives of students, educators, families, and communities.

On June 4-5, educational leaders from across Montana will gather at the Best Western Premier Hotel in Helena and virtually via Zoom to participate in the Montana School Administrators Retreat, an interactive and restorative event where they will learn a durable common language and stronger connectedness that instills lasting resiliency. They will practice actionable resilience and self-care strategies, understand how brain science relates to mental/emotional health, and leave the retreat equipped with research-based tools and skills they can immediately apply to mitigate stress and trauma.

“Thanks to a generous grant from the [Gianforte Family Foundation](#), we are able to host this no-cost retreat for Montana school superintendents, principals, and other administrators,” said Lisa Kerscher, Education Director at Brightways Learning. “To combat the stress and uncertainty caused by the pandemic, we want to equip school leaders with actionable skills and strategies they can use for themselves and to support their students and staff now and into the future.”

Gianforte Family Foundation Executive Director Catherine Koenen noted, “Supporting the well-being of Montana children through our schools ultimately strengthens families and communities. We’re pleased to partner with Brightways on this innovative approach to ensuring the best possible learning outcomes, and overall health, of our students and the school leaders who guide them.”

The retreat begins at 8:30 a.m. on Friday, June 4th and wraps up at 4:30 p.m. on Saturday, June 5th. Click [HERE](#) to learn more about the retreat.

About Brightways Learning

[Brightways Learning](#) is a 501(c)(3) nonprofit organization that works hand-in-hand with students and educators to support student academics and social, emotional, and physical well-being of youth and educators alike.

Contact:



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